
EPOS NEWSLETTER

August 2021

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Dear EPOS members, colleagues and friends,



Despite of the misery of the Covid-19 pandemic, with our virtual 39th Annual Meeting held in April 2021, EPOS successfully demonstrated its mission in providing education, sharing and improving scientific knowledge in Paediatric Orthopaedics.

In the last two years, Prof Thomas Wirth managed our society through financially and organisational challenging times reaching the climax of his presidency with a unique and outstanding Annual Meeting.

Prof. Thomas Wirth transferred the presidency to Prof. Antonio Andreacchio from Italy. Due to their teamwork and harmonious cooperation within the Executive Committee another successful year may be expected!

The EPOS Executive Committee would like to thank Prof. Thomas Wirth for his commitment and you all for your participation and contribution to the outstanding virtual meeting!

Another important task is to encourage more female paediatric orthopaedic surgeons to apply for active positions within the EPOS committees! Inspiring the next generation by encouraging the present should remain a top priority for the society especially in the composition of EPOS committee members!

Please enjoy the summer edition of our EPOS newsletter! I wish you sunny and happy holidays from Austria!

Stay safe and healthy!

Renata Pospischill MD

Vienna, Austria

Councillor EPOS Executive committee · Contact: newsletter@epos.org

Presidential Letter

by Professor Antonio Andreacchio



Dear EPOS members, dear friends,

Even though in 2021 the COVID-19 outbreak, has deprived us once again of the opportunity to meet in-person our Society is always active and ready to react to this adversity.

Our annual General Assembly was very successful and it was held as a virtual meeting on 14 April 2021. The virtual platform together with the election system worked very smoothly during the whole virtual General Assembly meeting. EPOS is very grateful that its members accepted these new ways of business interactions. More than 100 members attended and we voted to renew some important

positions.

Hakan Omeroglu was approved with a large majority of votes to fill in the second Vice-President position. Federico Canavese and Blazey Pruszcynski won the ballots and were elected for the position of General Secretary elected and Junior Councilor.

Furthermore, David Farrington replaced me as the new Reading Committee Chair and all the Chairs of the EPOS Study Groups were renewed. The new Vice-Chair of the Educational Committee is Prof Sebastian Farr from Austria.

Our virtual meeting proved to be a great success that exceeded our most optimistic expectations. 737 delegates representative of 73 different Countries attended the virtual meeting, which was preceded by an interesting Pre-meeting Course on Malignant Tumors as main topic. The country more represented was Portugal, with over 100 delegates.

The meeting run in two full days with 14 sessions, 100 oral presentations, 104 e-posters displaced. Each session was attended by more than 350 attendees with some peaks, which recorded more than 480 participants. The formula to prerecord all the presentations in advance allowed us to respect the schedule and the live discussion give the opportunity to a large audience to well interact with the speakers.

Furthermore, we held during the meeting, five sponsored symposia, which had a great number of participations with reciprocal satisfaction and with a high scientific value contents.

Professor Bruce Foster from Australia had his outstanding presidential lecture on history of limb lengthening, our past President André Kaelin was awarded with the prestigious Pro Maximis Meritis title and another of our Past Presidents, Klaus Parsch, organized the "Meet the Mentor" session, one of the most appreciated session of the whole meeting.

now we record over 8000 visualizations and such figures are increasing day by day.

EPOS continues to work on its educational activities. BAT course re-started, even if in a remote modality and our webinars programme continue under the direct responsibility of the EPOS Study Groups.

Our sponsors continue to support our activities and I take the occasion to thank Manuel Cassiano Neves, who finished his term of office as EPOS Industry Liaison Committee Chair and transferred it to Darko Anticevic, for his outstanding job and for creating many useful relationships with our industry partners.

Our core PCO, OIC, made a wonderful job for our virtual annual meeting and our partnership will continue for our next congress to take place from 6-9 April 2022 in Copenhagen. We are so much hoping that we will be able to meet in-person and have a beautiful meeting and as traditional as possible in Denmark.

Let me conclude by thanking our Past President Thomas Wirth who led our Society in this dark and tricky year adding some heavy and extra work to his job. I really appreciate his hard work done for our Society.

I am confident the worst period is over and I hope a new era is arising, a new sunrise is coming and I really pray because all our scientific activities can start all over in presence.

With this wish in my heart, I wish all of you a joyful summer holiday time and I am looking forward to meeting you in person soon.

Sincerely,

Antonio Andreacchio
EPOS President 2021-2022

Virtual 39th Annual Meeting in April 2021



This year's Annual Meeting was held in the virtual space as a result of the still ongoing Covid-19 pandemic. The Executive Committee has made a clear decision towards an almost full-sized Annual Meeting including a pre-course in order to match the desires which were thought to be present within the paediatric orthopaedic community after a long-time with lack of formal scientific exchange.

The pre-course on malignant tumours, presented by an outstanding world-wide faculty, attracted more than 350 attendees at peak times. It covered all aspect of epidemiology, diagnosis and treatment of malignant bone tumours and will be summarised in several articles to be published in a

The meeting itself consisted of 100 oral presentations organised in 14 scientific sessions and 104 e-posters. The sessions were rounded up by 5 industry-sponsored symposia on different topics. In order to attract more participants new formats such as “the best of the best” and the “fabulous four” have been created and proven to be very successful. All presentations were pre-recorded in-house which made the sessions the most accurately planned and executed ones in EPOS history – the sessions all finished on time. The best papers and e-poster prizes were also determined and awarded as usual and presented in the closing ceremony. The great quality of the scientific sessions is the result of the perfect selection of the submitted abstracts according to our rules by EPOS Reading Committee led by Antonio Andreacchio and David Farrington.

We have also maintained all other traditional highlights like “Meet the Mentor”, “Presidential Guest Lecture” and “Presidential Transfer”. The Meet the Mentor session proved to be very entertaining. Klaus Parsch walked through EPOS history by presenting one highlight after the other. An interactive quiz, which created a lot of fun, ended this wonderful experience. Bruce K. Foster from Adelaide, Australia presented a wonderful and up-to-date journey through the biology and practical aspects of long bone growth and elongation. We also learned that a presidential transfer in virtual reality is not as much fun as in presence, but Antonio Andreacchio took over the presidency with great enthusiasm and will hopefully have us back in more ordinary circumstances in Copenhagen next year.

Our first virtual Annual Meeting proved to be very successful. A total of 737 delegates registered, and the number of registered people was as high as 835, if we count all delegates and members of companies. We are very grateful to 14 industry partners who supported EPOS in these unpleasant times and made the meeting possible and successful. The click statistics showed that all participants were very present throughout the whole event, and EPOS is extremely thankful to its members and the whole paediatric orthopaedic community, to have participated and shown so much interest in this unique scientific activity. Those statistics also reveal that the participants used the congress platform completely by visiting the virtual industry booths, by reading the e-posters and by also looking through the abstract books and other on-line offers. Finally, the fact that Portugal was the country with the greatest number of participants a flair of Porto atmosphere was blowing through our 2021 Annual Meeting.

I am closing by thanking the EPOS office staff, and particularly Sanni Hiltunen for all her preparatory work including all pre-recordings, as well as Elenida Shkarpa and Nina Nuernberger for their unlimited dedication to our Society. I am very grateful to the members of the Executive Committee who sacrificed many hours to coordinate and support all tasks in relation to the congress. Our PCO OIC made a wonderful job to organise our Annual

Thomas Wirth

EPOS Past President 2020-2022

Inspiring the future generation by encouraging the present – women within the EPOS



Justice, equality, diversity, and inclusion have been the highlights of the discussion of the Pediatric Orthopaedic Society of North America Critical Issue Symposium, held on May 15, during the POSNA 2021 Annual Meeting. Also in North America, the movement Speakup Ortho, #SpeakupOrtho, has been rising and generating discussion on the issues of discrimination, bullying, and sexual harassment, while also raising awareness and advocacy.

On a global context, on March 6th, 2021, WOW (Women in Orthopaedics Worldwide) was created, aiming to showcase the work of women in ortho societies/associations/collectives, empower women in nations where their voice is unheard and encourage and facilitate the formation of new associations for women in orthopaedics.

Currently, only 80% of EPOS Members are women. However, we have no idea if this matches the gender distribution in our subspecialty. Looking at the past, there was one female EPOS President (Deborah Eastwood, 2013-2014), but there are no women listed as Pro Maximis Meritis Members. Looking at the recent past, the Reading Committee had 2:22 females, the Education Committee had 2:12 females and 3:9 Study Group Chairs are women. The current EPOS Nomination Committee has 4:6 females, the Scientific Committee has 0:6 females. All the Committee Chairs' are males. Within the EPOS Executive Committee, 4:12 members are women, but none is in the Presidential line.

In a recent EPOS Executive Committee Meeting we have asked ourselves if EPOS is an attractive Society for female orthopaedic surgeons. Although there is no clear answer for this question, we, all EPOS Executive Committee, have reinforced our commitment to consciously drive EPOS on the road to Gender Equality.

In fact, when selecting the new members for the EPOS Education Committee, we **decided to take into account the gender of the candidates and appointed an equal number of bright male and female EPOS Members**. The promotion of gender equality and leading

We would like to challenge women within EPOS to see themselves as role-models and act as such in their daily lives, so that they can become and inspiration for patients, medical students, orthopaedic residents and surgeons and for the society in general.

Cristina Alves, MD MSc FEBOT

Councillor of the EPOS Executive Committee 2019-2021

Past Chair of EPOS Scientific Committee 2015-2018

EPOS 2022 Annual Meeting



We invite you to join us to the upcoming EPOS Annual Meeting to take place from [6-9 April 2022, in Copenhagen, Denmark](#).

Prof. Andreacchio in his welcoming letter stated *Which city could be closer to the world of children than the one of the fairy tale writer Hans Christian Andersen? The city with its sea, restaurants, parks, attractions, infrastructures has grown up fast over the last 15 years and serves as the cultural hub of Denmark and wider Scandinavia.*

EPOS Meeting is ready to land to this exciting city, ideal bridge between the north and the middle old Europe, with its luggage of knowledge, scientific accuracy, warm and friendly relationships.

Copenhagen 2022 will be a magic and unforgettable Meeting. The city where we will finally meet each other again!

Do not miss this chance... We are waiting for you!

- **The Call for Abstracts is now open!**

Please [submit your abstract until October 1, 2021](#)

More information can be found on <https://www.epos2022.org/registration>

Educational Activities: EPOS Research Grants

EPOS Research Grants available: [apply NOW!](#)

Focus on clinical and basic science research in the field of Pediatric Orthopaedics

Deadline: 30 September 2021!

Please submit your application to researchgrants@epos.org

For further information, please visit <https://www.epos.org/research-grants>

Educational Activities: EPOS webinars

2nd SERIES OF EPOS STUDY GROUP WEBINARS (2021-2022)

EPOS webinars are **free of charge!** The registration for each webinar will open approximately 2 weeks' prior the live event and the registration link is found on the EPOS website. For further information, please visit: <https://www.epos.org/webinars-serie2>

Topic: Clubfoot • **The recurrent clubfoot**

30 August 2021 | 16:00 CET | [Register online](#)

Topic: Spine • **Spondylolisthesis**

15 September 2021 | 18:00 CET

Topic: Sports • **Pediatric Meniscal Injuries**

05 October 2021 | time TBC

Topic: Metabolic diseases • **Multiple Osteochondromas**

14 October 2021 | 17:00 CET

Topic: Infections/tumors • **Bone Cyst: Is it as simple as it looks?**

22 November 2021 | 17:00 CET

December 2021 | Date and time: TBC

Topic: Lower limb • **Congenital Femoral Deficiency and Fibular Hemimelia**

21 January 2022 | Time TBC

Topic: Upper limb • **Nerve injuries in the upper limb**

19 February 2022 | 19:00 CET

Educational Activities: Courses

Please regularly visit <https://www.epos.org/epos-bat-educational-program> for any updates concerning the EPOS courses and e-learning events.

- **19 November 2021**

EPOS ADVANCED COURSE ON CP

Venue: Virtual • Registration: September 2021

This course will be carried out as an e-learning event, which includes pre-recorded lessons, pre- and post-tests as well as one online “LIVE” day which will include short wrap-ups of the topics to introduce case discussions.

Registered participants have a possibility to watch the pre-recorded talks prepared by the faculty **one month** in advance.

- **13-14 January 2022**

EPOS SPORT'S MED ADVANCED (CADAVER) COURSE

Venue: TBC • Registration: Late autumn 2021

- **March 2022**

7th EPOS TRILOGY, PART I, BASIC I COURSE

Date, Venue and format: TBC • Registration: end of the year 2021

For any additional information you might need please contact us at courses@epos.org.

Educational Activities: Travelling Fellowships

and more information on the fellowship programme will follow later on.

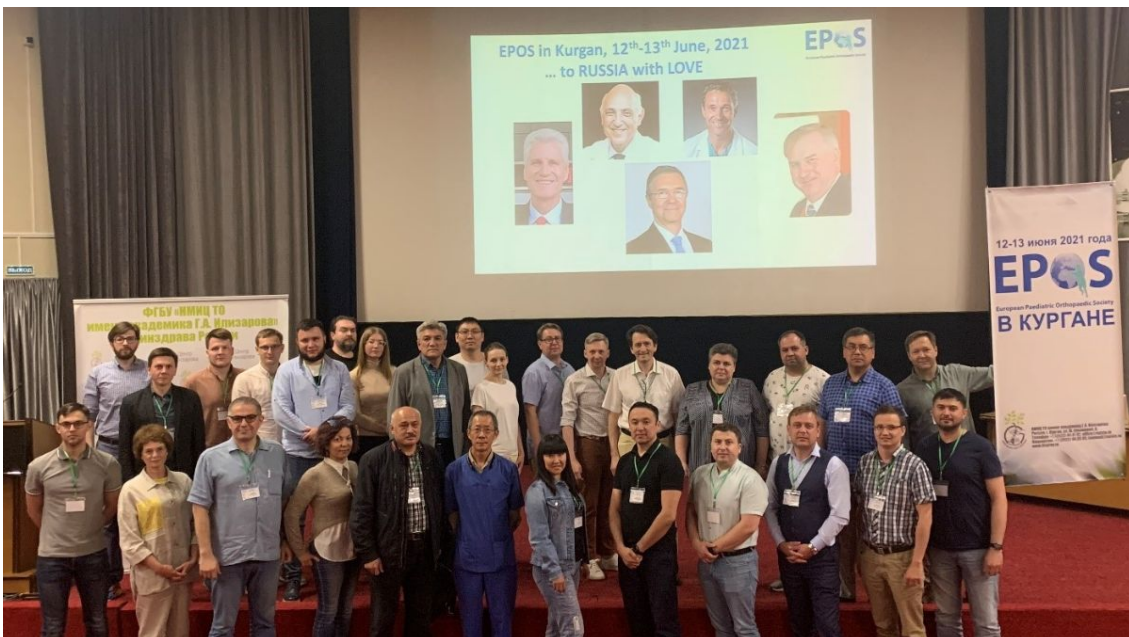
For any further information or clarification, please do not hesitate to contact EPOS by email fellowships@epos.org or regularly [check for updates](#).

EPOS in Kurgan report from the course chair

In 2019, the EPOS board approved the first Educational conference in Russia scheduled for June 2020. But the pandemic situation made the international travelling particularly challenging and personal participation of European lecturers became no longer possible. Therefore, the conference was postponed to 2021 and it was decided to hold the conference in a hybrid format.

Fortunately, this modification of dates gave an opportunity to organize this EPOS course as a pre-meeting symposium of the Congress dedicated to 100th Anniversary of academician Gavriil ILIZAROV (the 15th to 18th of June 2021).

The [EPOS educational conference](#) was designed as a two-day course on the main issues of modern pediatric orthopedics and traumatology from leading European specialists. This course was approved by EPOS board in collaboration with the ASAMI Russia (National Russian Association for Study and Application the Method of Ilizarov).

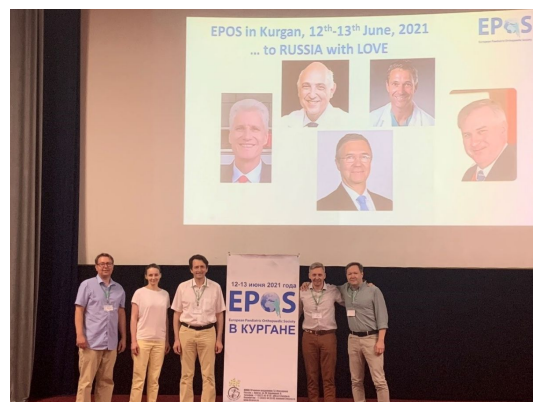


Our distinguished speakers were consisted of an international faculty:

- **Prof. Antonio Andreacchio, Italy**
EPOS President, EPOS Board member, EPOS Educational Committee, EPOS Reading Committee, EPOS Foundation Board, EPOS Trauma Group

- Nomination Committee, EPOS Lower Limb Group, EPOS Trauma Group
- **Prof. Pierre Journeau, France**
EPOS Board, EPOS Foundation Board, EPOS Educational Committee, EPOS Trauma Group
 - **Prof. Jaroslaw Czubak, Poland**
EPOS Past-President (2019-2020), EPOS Board
 - **Prof. Joachim Horn, Norway**
EPOS Educational Committee, Chairman of the EPOS Genetics and Metabolic Group
 - **Dr. Sergey Ryabykh, Russia**
MD, PhD, Director of AO Spine Russia educational program
 - **Prof. Alexander Gubin, Russia**
AO Spine Russia Past-President
 - **Dr. Daria Pavlova, Russia**
Pediatric Surgeon
 - **Dr. Anatoly Korobeinikov, Russia**
MD, PhD, pediatric orthopedic surgeon
 - **Prof. Dmitry Popkov, Russia**
EPOS Scientific Committee, EPOS Genetics and Metabolic Group, EPOS Lower Limb Group

The proposed program was completely respected in terms of topics of the conferences, timing and discussions. Furthermore, eight clinical cases were presented and discussed by attendees. All Russian speakers lectured on-site in the Grand Auditorium of the Ilizarov Center (Kurgan, Russia) and their talks were presented by themselves.



The foreign speakers provided their video-recorded conferences according to the program. Throughout the course, they regularly joined the conference via zoom-video connection by the end of their talks for discussion. There were four discussion sessions per day. The strict respect of timing enabled that type of Conference organization.



were present on-site and 670 on-line connections from unique IP addresses) from Russia, Kazakhstan, and Uzbekistan. We organized on-line full-time translations of the course.

This Educational Course “EPOS in Kurgan” has been accredited by the European Accreditation Council for Continuing Medical Education with 16 European CME credits (ECMEC®s).

This EPOS approved course was highly appreciated by the audience, participants were proposed to fill in the learner evaluation form to leave their feedback of the course. We are incredibly grateful to speakers for taking time to participate in the course and to share their excellent experience in pediatric orthopedics.

We hope this information will be useful for our EPOS colleagues.

Prof. Dmitry POPKOV

Journal of Children’s Orthopaedics’ (JCO)



JOURNAL OF
CHILDREN’S ORTHOPAEDICS

Impact Factor**1.548 1.845**

2020

5 year

JCR® Category	Rank in Category	Quartile in Category
ORTHOPEDECS	61 of 82	Q3
PEDIATRICS	97 of 129	Q4

*Data from the 2020 edition of Journal Citation Reports***Publisher**

BRITISH EDITORIAL SOC BONE JOINT SURGERY, 22 BUCKINGHAM STREET, LONDON WC2N 6ET, ENGLAND

ISSN: 1863-2521**eISSN:** 1863-2548**Research Domain**

Orthopedics

Pediatrics

JOURNAL OF PEDIATRIC ORTHOPAEDICS**Impact Factor****2.324 2.371**

2020

5 year

JCR® Category	Rank in Category	Quartile in Category
ORTHOPEDECS	43 of 82	Q3
PEDIATRICS	58 of 129	Q2

*Data from the 2020 edition of Journal Citation Reports***Publisher**

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ISSN: 0271-6798**eISSN:** 1539-2570**Research Domain**

Orthopedics

Pediatrics

Impact Factor

1.041 1.072

2020 5 year

JCR® Category	Rank in Category	Quartile in Category
ORTHOPEDICS	73 of 82	Q4
PEDIATRICS	121 of 129	Q4

Data from the 2020 edition of Journal Citation Reports

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